Supplementing with Seachem

Sunday
Reef Advantage Calcium
(Test your calcium; supplementing may not be necessary as you can overdose)
(Encourages growth of hard corals and coralline algae)

Monday
Reef Iodide
(Essential for soft corals and anemones)
(You must do regular water changes when supplementing with Iodide – if you don't you could overdose)

Tuesday
Reef Trace
(A selection of trace elements found in natural salt water)

Wednesday
Reef Strontium
(Assists corals in the use of calcium – good for hard corals)

Thursday
Reef Plus
(Vitamins and amino acids for all marine life)

Friday
Seafood 5ml per 200L
(Invertebrate and coral food)
Mac-Algae (Aquasonic)
(Nutrients for macro algae growth)

Saturday
Reef Magnesium Salt
(Helps to stabilise pH and calcium levels)

We also recommend using Seachem Reef Builder or Reef Buffer along with Seachem Marine or Reef Salt (See Seachem Salt Guide). We also use Seachem Stress Guard.

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Thurs – Plus																				
Fri – Seafood & Mac algae sup																				
Sat – Magnesium																				